



Senior Department

In the past, the Senior Department only spanned three years for students aged 17 - 19. However, recognising the need to adapt our department structure over time to cater to the needs of our young people, we started the NS class in 2001 and the Young Adults Class in 2008.

By God's grace, the Senior Department today caters to students aged 17 – 22. Our classes offer a diverse range of topics centred on the Word of God, with teachers tailoring each lesson to make it relevant for the students.

Besides the individual classes, the department meets corporately once a month (usually on the last week) for a combined message. Our theme for this year's monthly meeting is "A Firm Foundation: Our

Reformed and Covenantal Faith". Besides continuing on our series of messages on The Reformed Faith from 2008, this year we embark on a study of Covenant Theology. It is our prayer that the Lord will be pleased to deepen our understanding of Him and give us a firm foundation for our faith through these messages.

The testimonies of three of our students are published in this issue. May their sharing encourage you to come and join us every Sunday as we study the Word of God together.

Please refer to the class details as well as the schedule of topics for the Open Sundays for the rest of 2009. Do contact Mark Liu at 9667-4268 or post2mark@yahoo.com for any queries.

Testimonies

Having been part of Life Church Sunday School for as long as I can remember, I have been able to grow and develop in more ways than one, together with my classmates and friends in church.

As every Christian will be able to relate, my life in Christ has not always been smooth, and at times it almost seems as if I am dragging myself by the collar to attend Sunday School. This is especially true during the very unique two years that most men in Singapore go through- our NS liability.

The NS Class has really helped to put things into perspective, with Mark and Russell (our teachers) always making it a point to mould our lessons into an applicable package for our NS lives. This is essential as the trials that we go through test us in ways we have never experienced before. The mental, physical and spiritual struggles that we go through require special guidance, and our short weekly classes serve this purpose by reminding us of our priorities in life as a Christian.

The relevancy of our classes have seen us through so much, and it has been my honour to watch and grow along with the rest of my Sunday School peers.

-Roy Heng

I thank God that He brought me to Sunday School on that rainy Sunday morning way back in 2005.

I think for many of us, it is a fearful experience - the first few sundays of Sunday School. Getting to know new people, new teachers, like a new school and with new friends, with the exception that these friends go with you all the way, maybe even till Golden Age Sunday School.

However once we get to know each other better, and see one another grow spiritually, emotionally, physically and mentally, we can see how God has been so good to us, and I am very humbled by this thought.

Sunday school has taught me so many things that has helped me through my walk with God e.g. learning how to make tough decisions and giving me encouragement when i am down.

In the midst of the raging battle with the evil one and with the old man, the best time-out is to sit still and receive God's word with real friends from Sunday School whom you can count on to keep you accountable.

- Hannah Choi

testimony

Sunday school has helped me to understand the importance of God's word and how to apply it in my life. We have just completed studying the Book of James and we are currently learning about the End Times.

One important lesson I've learnt this year from the book of James is that the tongue is a very powerful part of our body. "And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course of nature; and it is set on fire of hell." James 3:6. Our tongue, though small, wields a lot of influence. It can do good or evil. The tongue can bring peace or cause unhappiness and discord.

This verse is a good reminder for me, as I embark on my studies. I am reminded that I should use the tongue with great care. While pursuing my studies, I must learn

to be faithful to God, so that in whatever I say, I would honour God. What is the point of being articulate and persuasive, if what one says, and the outcome of the conversation, is not pleasing to God? I know I also need to learn not to be easily influenced by others, nor be flippant in the use of harsh words on others.

Another lesson I've learnt in Sunday school is about how real the prophecies in the Bible are. The End Times are truly near! "...and there shall be famines and troubles: these are the beginnings of sorrows." Mark 13:8. When I heard the news about the Swine Flu outbreak, and the subsequent development of events, I was reminded of this verse.

Sunday school has truly helped me to see that the Bible is truly God's Word. I have grown a lot through attending Sunday school every week. J

-Sandra Ong

Open Sunday Schedule

Date	Topic	Speaker
24 May 09	Sola Gratia (Grace Alone)	Dn Lee Hock Chin
14 Jun 09	Missionary Sunday	Pr Mok Chee Cheong
28 Jun 09	Solus Christus (Christ Alone)	Rev Colin Wong
26 Jul 09	The Reformed View of Infant Baptism and the Lord's Supper	Pr Mok Chee Cheong
30 Aug 09	Covenant Theology (Part 1)	Pr Mark Chen
27 Sep 09	Covenant Theology (Part 2)	Pr Mark Chen
25 th Oct 09	Soli Deo Gloria (To God Alone Be the Glory)	Elder Ng Beng Kiong
22 Nov 09	The 2 nd Coming of Christ	Rev Charles Seet

Class Details

Class	Age Group	Location	Teachers	Topic
1B	1 st Year JC/Poly	Beulah Centre Level 4 Room 4	Daniel Chiam/ Philip Tan	The Measure of A Man by Gene Getz
1G		Beulah Centre Level 4 Room 10	Peng Chuan/ Angela	Study on the Book of Revelation
2B	2 nd Year JC/Poly	Beulah Centre Level 4 Room 5	Timothy Goh/ Ian Tay	The Shorter Catechism
2G		Beulah Centre Level 4 Room 6	Eunice Phoon/ Chin Wai Peng	Study on the Book of Genesis: The Life of Abraham
3B	3 rd Year Poly/ 1 st Year NS	Beulah Centre Level 4 Room 9	Heok Seng/ Daniel Wong	Discovering God's Will (by examining the Life of Abraham)
4B	2 nd Year NS	Beulah Centre Level 4 Room 8	Russell Indran/ Mark Liu	Thoughts for Young Men by J.C. Ryle
Young Adults Class	3 rd Year Poly/ University Age	Beulah Centre Level 4 Room 7	Trudy Lim/ Dn Roger Lim	Study on the Book of Acts